

Baby Pillow Guide

A baby pillow is an excellent practical gift for a small child. Choosing the right pillow can be tricky because of the wide range of pillows available. This guide will help you to choose the perfect baby pillow for the child in your life.

The most important question is, how old is the baby? Doctors recommend that children not be allowed to sleep with pillows until they turn two, since children under two can suffocate on pillows. Decorative pillows or nursing pillows are better gifts for babies under the age of two. If the child is a toddler of two or older, then they are ready for a sleeping pillow.

You can find decorative pillows in just about any color, shape, and material to match any bedroom. You can also have a baby pillow customized. For instance, find a pretty pillow that matches the child's bedroom, and have it embroidered with the child's name and birthdate to create a keepsake. Or have the pillow printed with a photo of a beloved pet. If you are crafty, you can even buy a baby pillow blank and sew your own cover to create a truly special pillow.

Nursing pillows are large, U shaped pillows that the mother arranges in her lap to provide extra support for the baby while she nurses. (They are excellent when bottle feeding, too, so they are also a good gift for fathers!) Nursing pillows are nicknamed "boppies," after the top brand, Boppy, but there are several good brands on the market.

A baby pillow that is designed for nighttime is smaller and flatter than an adult's pillow. Children do not need as much support as adults do, so an adult sized pillow can give them neck cramps and disturb their sleep. Luxurious adult pillow stuffing like down and feathers can give them allergies, so it is best to avoid these, too. Choose a baby pillow that is half the size and thickness of an adult's pillow or less, with hypoallergenic stuffing and a smooth, soft cover. As a final touch, add pillowcases printed with the child's favorite animal or cartoon character.

If you follow this guide and your sense of the child's and the parent's tastes, you will choose a baby pillow that will make a wonderful gift. When you give your present to the parents and the child, you can be sure that your gift is not only practical, it is also going to help an often fussy small child to sleep. References [Pillow form](#) ... [Personalized baby pillow](#) ... [Personalized baby pillow](#) ... [Infant pillow](#) ... [Here](#) ...

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